



## The Lessons of Love: Rediscovering Our Passion for Life When It All Seems Too Hard to Take

*By Melody Beattie*

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The timeless, magical story of one woman's return to life and love when she thought she had lost it all.

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### Editorial Review

From Publishers Weekly

Beattie ( *Codependent No More* ) here chronicles her grief over the death of her son Shane in a skiing accident in 1991; for two years she found herself unable to work. But with the help of family, friends and her own inner resources, she was finally able to put her life back together. Then, however, she was faced with another test: her daughter Nichole's alcoholism. But this time, from her reserves of spiritual strength, Beattie met the problem head-on. Convincing her daughter to enter a treatment center, she was able to forge a closer relationship between them. Beattie's inspiring message should bring hope to those who think that they "just can't take it any more." 200,000 first printing; author tour.

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From [Booklist](#)

This is a book about what trendy therapist types like to call "grief work." It's the story of how Beattie, the most popular writer on the controversial new-psychotherapy phenomenon, codependency, got through the experience of her 12-year-old son's fatal skiing accident and its aftermath. Like so many others who've endured the loss of a loved one, she drifted and obsessed, became a trial for her friends to be with and a prey for hucksters taking advantage of her distraction. She got through it all by reconnecting with her capacity to love--much needed because her daughter, drinking and drugging, was in the throes of midteen meltdown.

That she's led a generally more melodramatic life than many certainly helps her account sustain reader interest. Those going through similar crises will find companionship and perhaps even solace in her report.

*Ray Olson*

About the Author

Melody Beattie is the *New York Times* bestselling author of *Codependent No More*, *Beyond Codependency*, and *The Lessons of Love*.

### Users Review

**From reader reviews:**

**Lois Yale:**

Why? Because this *The Lessons of Love: Rediscovering Our Passion for Life When It All Seems Too Hard to Take* is an unordinary book that the inside of the reserve waiting for you to snap that but latter it will distress you with the secret that inside. Reading this book adjacent to it was fantastic author who all write the book in such awesome way makes the content inside of easier to understand, entertaining means but still convey the meaning thoroughly. So , it is good for you for not hesitating having this anymore or you going to regret it. This book will give you a lot of advantages than the other book get such as help improving your proficiency and your critical thinking technique. So , still want to postpone having that book? If I were you I will go to the book store hurriedly.

**Jamie Lundquist:**

Reading can called head hangout, why? Because if you are reading a book mainly book entitled The Lessons of Love: Rediscovering Our Passion for Life When It All Seems Too Hard to Take your thoughts will drift away trough every dimension, wandering in most aspect that maybe not known for but surely can be your mind friends. Imaging each word written in a publication then become one form conclusion and explanation in which maybe you never get previous to. The The Lessons of Love: Rediscovering Our Passion for Life When It All Seems Too Hard to Take giving you one more experience more than blown away your mind but also giving you useful facts for your better life within this era. So now let us demonstrate the relaxing pattern the following is your body and mind is going to be pleased when you are finished looking at it, like winning a sport. Do you want to try this extraordinary paying spare time activity?

**Dennis Simpson:**

Do you really one of the book lovers? If so, do you ever feeling doubt when you find yourself in the book store? Aim to pick one book that you find out the inside because don't evaluate book by its handle may doesn't work is difficult job because you are afraid that the inside maybe not because fantastic as in the outside appear likes. Maybe you answer may be The Lessons of Love: Rediscovering Our Passion for Life When It All Seems Too Hard to Take why because the excellent cover that make you consider with regards to the content will not disappoint you. The inside or content will be fantastic as the outside or maybe cover. Your reading sixth sense will directly make suggestions to pick up this book.

**Brooke Lambeth:**

This The Lessons of Love: Rediscovering Our Passion for Life When It All Seems Too Hard to Take is great guide for you because the content that is full of information for you who have always deal with world and possess to make decision every minute. This book reveal it data accurately using great organize word or we can claim no rambling sentences included. So if you are read the item hurriedly you can have whole details in it. Doesn't mean it only provides you with straight forward sentences but challenging core information with lovely delivering sentences. Having The Lessons of Love: Rediscovering Our Passion for Life When It All Seems Too Hard to Take in your hand like finding the world in your arm, data in it is not ridiculous just one. We can say that no reserve that offer you world with ten or fifteen second right but this book already do that. So , this is good reading book. Hey Mr. and Mrs. active do you still doubt that?

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