



The Psychic Energy Codex: A Manual For Developing Your Subtle Senses

By Michelle Belanger

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An authoritative manual for psychic development, The Psychic Energy Codex explores the roots of modern metaphysical beliefs, including the doctrine of the subtle body in the Western tradition, the origin of belief in the chakras, and core principles behind time-honored techniques such as meditation and creative visualization. Like Belanger's Psychic Vampire Codex, The Psychic Energy Codex makes esoteric topics accessible and understandable. The Psychic Energy Codex . . .

- De-mystifies psychic experience, taking a practical, rational approach to phenomena from psychometry to spirit communication with a style that will engage beginners and experts alike
- Provides many hands-on exercises that encourage readers to develop their own beliefs based on direct personal experience
- Teaches readers the underlying principles of psychic phenomena that can then be applied to any interaction with the subtle world

Written in Belanger's engaging, almost novelistic style, the parts of this book that tell her own story draw readers into the possibility that they, too, can develop their own innate abilities.

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Bibliography

- Sales Rank: #723356 in Books
- Brand: Brand: Weiser Books
- Published on: 2007-07-01
- Original language: English
- Number of items: 1
- Dimensions: 8.88" h x .93" w x 6.13" l, .84 pounds
- Binding: Paperback
- 288 pages



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Editorial Review

From the Inside Flap

* Try this at home: Grow your own psychic energy. Learn everything there is to learn about subtle energy bodies-- our own and others. * A step-by-step guide through the metaphysical wilderness and a plethora of material on all things psychic. * Contains a full chapter on how to form a Psychic Study group.

About the Author

Michelle Belanger is an energy worker and psychic vampire who has been studying magick and metaphysics for twenty years. Founder and head of House Kheperu, she has been leading workshops on magick and energy work for nearly a decade. Michelle has been featured on various radio shows and television documentaries, including Peter Anthony Holder's Soul Call, the X-Zone, XYTV's American Vampires, and WE's Night Bites. She is a recognized expert on the gothic and vampire subcultures and is the author of Psychic Dreamwalking, The Psychic Vampire Codex, and The Black Veil. Michelle lives in Brunswick, Ohio.

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