



## Why You Do the Things You Do: The Secret to Healthy Relationships

By Tim Clinton, Gary Sibcy

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In this transformational book, the authors have used ground-breaking research to develop four primary patterns of relating to one another that shed light on our actions--and how we can learn to love and be loved even better.

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#### **About the Author**

Tim Clinton, Ed.D, LPC, LMFT, is president of the American Association of Christian Counselors. He is professor of Counseling and Pastoral Care at Liberty University and is executive director of the Liberty University Center for Counseling and Family Studies.

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