



## Le Livre Blanc

By Anne-Sophie Pic

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*Le Livre Blanc* is a cookbook that reinvents cuisine. Anne-Sophie Pic has taken the long-established culinary traditions of her family and her country, and re-imagined them through a contemporary and exhilarating approach to texture, form and flavor.

The book includes 50 recipes that, like those of another culinary inventor, Heston Blumenthal, both inspire and amaze. From foams and emulsions, to working with sous-vide and siphons, the recipes transform the everyday, and the not-so-everyday, into the extraordinary.

Throughout the book Pic delivers insights into her creative process, including the interplay of imagination and memory in creating dishes, and the associations between flavours and textures that make her cooking unique.

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## Le Livre Blanc By Anne-Sophie Pic Bibliography

- Sales Rank: #135419 in Books
- Brand: Brand: Jacqui Small LLP
- Published on: 2013-09-01
- Original language: English
- Number of items: 1
- Dimensions: 11.50" h x 1.50" w x 9.50" l, 3.84 pounds
- Binding: Hardcover
- 240 pages

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#### Review

'This is a beautiful book that oozes elegance and refinement and reveals the very heart of a truly gifted chef... the recipes are fantastic'

'The best woman chef in the world. I have eaten her wonderful food and while these recipes will challenge amateurs, they will be an inspiration to anyone who loves cooking'

'Silver-lined pages and minimal yet stunning imagery...an intriguing insight into Pic's boundless creativity'

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#### About the Author

Author of highly acclaimed Le Livre Blanc, ANNE-SOPHIE PIC represents the most recent generation of one of France's most prestigious cooking dynasties. Inheriting the knowledge and experience of four generations of exquisite French cookery, Anne-Sophie has continued the tradition of excellence by being named World's Best Female Chef in 2012. She is the only woman in France to hold three Michelin stars for two of her renowned restaurants. She has also started her own cookery school, Scook, with the aim of passing on her wealth of knowledge to her many students.

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