



Shaping the Journey of Emerging Adults: Life-Giving Rhythms for Spiritual Transformation

By Richard R. Dunn, Jana L. Sundene

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Between adolescence and adulthood is a new stage of life: *emerging adulthood*.

Those in their twenties and early thirties find themselves in transition. This "provisional adulthood" is a time of identity exploration and instability in which one's vocation, purpose, relationships and spirituality are all being renegotiated. Many emerging adults lose sight of God and experience significant confusion and brokenness. Others unexpectedly reconnect with the Christian faith and seek deeper discipleship, yet lack helpful mentoring and direction.

Veteran disciplemakers Rick Dunn and Jana Sundene offer concrete guidance for those who shepherd and care for emerging adults. Some traditional models of disciplemaking focus on a set curriculum to be transferred from the discipler to the disciplee. Dunn and Sundene instead emphasize relational rhythms of discernment, intentionality and reflection to meet emerging adults where they are at and then to walk with them further into the Christlife.

Whether you're an older adult ministering to the next generation or a younger adult with a heart for your peers, this book is an accessible, hopeful guide for effective ministry to emerging adults.

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Editorial Review

Review

"Whether you're an older adult ministering to the next generation or a younger adult with a heart for your peers, this book is an accessible, hopefully guide for effective ministry to emerging adults." (Significant Living, March 2012)

"Restless, entitled, bloated self-esteem--pick your pejorative. Commentators have slung them all at those born between 1980 and 2000. Amid this barrage, how refreshing to encounter *Shaping the Journey of Emerging Adults*. Rather than throwing stones, the authors extend a hand by showing how to guide and disciple twentysomethings. This book is crammed with wisdom and couldn't have come at a better time. Indispensable reading for anyone who loves the younger generation." (Drew Dyck, managing editor of Leadership Journal and author of Generation Ex-Christian)

"When it comes to young adults, the American church seems to be stuck between handwringing ("Why are there no twentysomethings in our church?") and finger pointing ("Why don't those people grow up?"). Neither of these responses are particularly helpful. Thankfully, Sundene and Dunn sidestep this lose-lose response and suggest a relational approach, not a program. *Shaping the Journey of Emerging Adults* is praxis at its best: well-researched and theologically informed, yet real-world practical." (Mark Oestreicher, partner, The Youth Cartel)

"It is a fact that today's emerging twentysomethings face challenges never imagined by their parents. Discipling them has never been more urgent. For these reasons, *Shaping the Journey of Emerging Adults* is a timely book. Jana and Rick offer a way beyond fads into the depths of life in Christ for young adults. If we the church would face the future, we must read this book." (David Fitch, B. R. Lindner Chair of Evangelical Theology, Northern Seminary, and author of *The End of Evangelicalism?*)

About the Author

Richard R. Dunn (Ph.D., Trinity Evangelical Divinity School) is lead pastor at Fellowship Evangelical Free Church in Knoxville, Tennessee, a congregation consisting primarily of emerging adults. He was formerly chair of educational ministries at Trinity Evangelical Divinity School in Deerfield, Illinois. He is the author of *Shaping the Spiritual Life of Students*.

Jana L. Sundene is associate professor of Christian ministries at Trinity International University in Deerfield, Illinois. She has a master's in communication studies from Trinity Evangelical Divinity School with an emphasis in interpersonal and group communication theory. She also holds an M.A. in communication theory from Northern Illinois University. Her prior experience includes serving as an associate youth director at Willow Creek Community Church in South Barrington, Illinois, and as a visiting instructor to Wheaton College. Jana is on the leadership core of Life on the Vine Christian Community, a missional church in Long Grove, Illinois.

Users Review

From reader reviews:

Bradley Simpson:

Nowadays reading books be than want or need but also get a life style. This reading behavior give you lot of advantages. Advantages you got of course the knowledge the rest of the information inside the book that improve your knowledge and information. The information you get based on what kind of book you read, if you want send more knowledge just go with education books but if you want experience happy read one along with theme for entertaining for instance comic or novel. The actual Shaping the Journey of Emerging Adults: Life-Giving Rhythms for Spiritual Transformation is kind of guide which is giving the reader unpredictable experience.

Angela Harris:

Information is provisions for those to get better life, information nowadays can get by anyone in everywhere. The information can be a understanding or any news even restricted. What people must be consider while those information which is inside former life are difficult to be find than now's taking seriously which one is appropriate to believe or which one the particular resource are convinced. If you find the unstable resource then you have it as your main information we will see huge disadvantage for you. All of those possibilities will not happen in you if you take Shaping the Journey of Emerging Adults: Life-Giving Rhythms for Spiritual Transformation as your daily resource information.

Krystal Wilson:

Why? Because this Shaping the Journey of Emerging Adults: Life-Giving Rhythms for Spiritual Transformation is an unordinary book that the inside of the book waiting for you to snap this but latter it will surprise you with the secret that inside. Reading this book next to it was fantastic author who have write the book in such amazing way makes the content inside of easier to understand, entertaining approach but still convey the meaning fully. So , it is good for you for not hesitating having this nowadays or you going to regret it. This phenomenal book will give you a lot of advantages than the other book include such as help improving your ability and your critical thinking method. So , still want to hold off having that book? If I were you I will go to the guide store hurriedly.

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