



Open: Love, Sex and Life in an Open Marriage

By Jenny Block

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Finally, a book about open marriage that grapples with the problems surrounding monogamy and fidelity in an honest, heartfelt, and non-fringe manner. Jenny Block is your average girl next door, a suburban wife and mother for whom married life never felt quite right. While many books on this topic presuppose that the reader is ready to embrace an “alternative lifestyle,” Block operates from the assumption that most couples who are curious about or engaged in open marriages are in fact more like her — normal people who question whether monogamy is right for them; good people who love their spouses but want variation; capable parents who are not deviant just because they choose to be honest about their desires. Open challenges our notions of what traditional marriage looks like, and presents one woman’s journey down an uncertain path that ultimately proves open marriage is a viable option for her and others.

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Editorial Review

About the Author

Jenny Block writes for *Women's Health*, *The Dallas Morning News*, *American Way*, *ellegirl.com*, *BeE*, *bRILLIANT*, *People Newspapers*, *Stone, Where*, and *D*. She also has work in the books *It's a Girl: Women Writers on Raising Daughters* (Seal Press, 2006) and *Letters to my Teacher* (Adams, 2005), as well as in the forthcoming book, *Have I Got a Guy For You: Fix-ups and Blind Dates Coordinated By Our Mothers* (Viking, forthcoming 2007). In addition, her writing has appeared in *Chow*, *Pointe*, *Virginia Living*, *Style Weekly*, *Tango*, *Richmond Magazine*, and *Literary Mama*. The inspiration for *Open* stems from the piece, "Portrait of an Open Marriage", which ran in *Tango*, and was reprinted by *Cosmopolitan Germany* and *The Huffington Post*. Jenny was also interviewed about the story on Chick Chat Radio, and for the daily newspaper *a.m. New York*.

Jenny holds both her Bachelor's and her Master's in English from Virginia Commonwealth University, where she taught composition for nearly ten years. She has also taught at the University of Richmond and Strayer University, as well as lectured at academic conferences across the country. Jenny has written numerous academic ancillaries for the Newsweek Education Program, Addison Wesley Longman, and Simon and Schuster.

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