



Comprehensive Textbook of Psychotherapy: Theory and Practice (Oxford Series in Clinical Psychology)

From Oxford University Press

Download now

Read Online ➔

Comprehensive Textbook of Psychotherapy: Theory and Practice (Oxford Series in Clinical Psychology) From Oxford University Press

New developments in psychotherapy research and practice over the past twenty years require a new perspective from a psychotherapy book. Until recently, approaches to clinical practices were presented as competing truths. Each one was viewed as a distinct, all-encompassing system of thought and clinical practice. Therapists were expected to decide which school they favored and then apply its treatment methods consistently to all patients. This is no longer the case. While a growing body of empirical research supports the efficacy of treatment over no treatment, it does not endorse any one treatment as superior to all others. Moreover, most psychotherapists today acknowledge that they draw on therapeutic insights and techniques from a number of psychological schools of thought.

To guide therapists in developing their own style of effective psychotherapy, Bruce Bongar and Larry E. Beutler have assembled a work that provides an overview of the field and an understanding of the essential features of the leading schools of psychotherapy. They bring together experts who introduce the individual theories and practice techniques from these schools and guide the reader in discovering which approaches work best for which patients.

 [Download Comprehensive Textbook of Psychotherapy: Theory an ...pdf](#)

 [Read Online Comprehensive Textbook of Psychotherapy: Theory ...pdf](#)

Comprehensive Textbook of Psychotherapy: Theory and Practice (Oxford Series in Clinical Psychology)

From Oxford University Press

Comprehensive Textbook of Psychotherapy: Theory and Practice (Oxford Series in Clinical Psychology) From Oxford University Press

New developments in psychotherapy research and practice over the past twenty years require a new perspective from a psychotherapy book. Until recently, approaches to clinical practices were presented as competing truths. Each one was viewed as a distinct, all-encompassing system of thought and clinical practice. Therapists were expected to decide which school they favored and then apply its treatment methods consistently to all patients. This is no longer the case.

While a growing body of empirical research supports the efficacy of treatment over no treatment, it does not endorse any one treatment as superior to all others. Moreover, most psychotherapists today acknowledge that they draw on therapeutic insights and techniques from a number of psychological schools of thought.

To guide therapists in developing their own style of effective psychotherapy, Bruce Bongar and Larry E. Beutler have assembled a work that provides an overview of the field and an understanding of the essential features of the leading schools of psychotherapy. They bring together experts who introduce the individual theories and practice techniques from these schools and guide the reader in discovering which approaches work best for which patients.

Comprehensive Textbook of Psychotherapy: Theory and Practice (Oxford Series in Clinical Psychology) From Oxford University Press Bibliography

- Sales Rank: #1442031 in Books
- Published on: 1995-01-05
- Original language: English
- Number of items: 1
- Dimensions: 7.37" h x 1.14" w x 10.31" l, 2.43 pounds
- Binding: Hardcover
- 520 pages

 [Download Comprehensive Textbook of Psychotherapy: Theory an ...pdf](#)

 [Read Online Comprehensive Textbook of Psychotherapy: Theory ...pdf](#)

Editorial Review

Review

"The authors of each of the chapters is well known, clearly identified with the approach being described, and well suited for the task The content is uniformly substantial and informative The task of summarizing the current status of the psychotherapies is well done and serves its purpose as a potential textbook as well as a good resource for professionals."--Contemporary Psychology

"This is the book I have been waiting for for years! Up-to-date, comprehensive, authoritative coverage of a suitable, contemporary array of pertinent topics."--Geoffrey Thorpe, University of Maine

"Useful review."--Domeena Renshaw, Loyola University Medical School

"A substantive compendium--comprehensive, scholarly and erudite. Among the very best texts in psychotherapy." --Anthony Marsella, University of Hawaii

"An excellent contemporary survey of theory, practice, and research in psychotherapy , presented by seasoned clinicians and researchers."--William Lamb, UC-Berkeley

"This cutting edge text comprehensively reviews state-of-the-art psychotherapeutic treatments in an eminently readable, "user-friendly" format....[D]estined to become a classic. Congratulations to Bongar and Beutler for the wide range of knowledge and depth of wisdom this volume brings to bear on psychotherapy."--William S. Pollack, Harvard Medical School

"An excellent, clear readable text."--Ken Altshuler, M.D., University of Texas

"Excellent text to prepare students for changes in psychiatric mental health care."--Professor Edna Hamera, Ph.D., University of Kansas

About the Author

Bruce Bongar is Professor of Psychology at Pacific Graduate School and Clinical Associate Professor of Psychiatry at Stanford University School of Medicine. He is the author of *Suicide* (Oxford 1993) and *The Suicidal Patient* and Series Editor for the *Oxford Textbooks in Clinical Psychology*. Dr Bongar is a diplomate of the American Board of Professional Psychology, a chartered psychologist of the British Psychological Society, and a fellow of the American Psychological Association and of the Academy of Psychosomatic Medicine.

Larry E. Beutler is Professor and Director of the Counseling/Clinical/School Psychology Program at the University of California, Santa Barbara. Dr. Beutler is the editor of several books, including, *Systematic Treatment Selection* (with J. Clarkin), *Psychotherapy Research* (with M. Crago), and *Comprehensive Handbook of Cognitive Therapy* (with A. Freeman, K.E. Simon, and H. Arkowitz), and the editor of the *Journal of Consulting and Clinical Psychology*. He is also on the Editorial Board for the *Oxford Textbooks in Clinical Psychology*, a fellow of APS, Past-President of the Society for Psychotherapy Research, and a member of the Fellows Committee, Division of Psychotherapy, American Psychological Association.

Users Review

From reader reviews:

Aaron Ryan:

Why don't make it to be your habit? Right now, try to prepare your time to do the important take action, like looking for your favorite publication and reading a guide. Beside you can solve your short lived problem; you can add your knowledge by the publication entitled Comprehensive Textbook of Psychotherapy: Theory and Practice (Oxford Series in Clinical Psychology). Try to face the book Comprehensive Textbook of Psychotherapy: Theory and Practice (Oxford Series in Clinical Psychology) as your pal. It means that it can be your friend when you feel alone and beside that course make you smarter than previously. Yeah, it is very fortunate for you personally. The book makes you considerably more confidence because you can know everything by the book. So , let's make new experience in addition to knowledge with this book.

Mindy Arredondo:

Have you spare time for the day? What do you do when you have considerably more or little spare time? Sure, you can choose the suitable activity to get spend your time. Any person spent all their spare time to take a walk, shopping, or went to often the Mall. How about open or perhaps read a book eligible Comprehensive Textbook of Psychotherapy: Theory and Practice (Oxford Series in Clinical Psychology)? Maybe it is to become best activity for you. You recognize beside you can spend your time with your favorite's book, you can smarter than before. Do you agree with the opinion or you have other opinion?

Donna Dalessio:

This book untitled Comprehensive Textbook of Psychotherapy: Theory and Practice (Oxford Series in Clinical Psychology) to be one of several books that will best seller in this year, this is because when you read this publication you can get a lot of benefit in it. You will easily to buy this book in the book store or you can order it via online. The publisher in this book sells the e-book too. It makes you quicker to read this book, as you can read this book in your Cell phone. So there is no reason to your account to past this guide from your list.

Lori Whitten:

Is it a person who having spare time after that spend it whole day simply by watching television programs or just telling lies on the bed? Do you need something new? This Comprehensive Textbook of Psychotherapy: Theory and Practice (Oxford Series in Clinical Psychology) can be the solution, oh how comes? A fresh book you know. You are therefore out of date, spending your extra time by reading in this fresh era is common not a nerd activity. So what these publications have than the others?

**Download and Read Online Comprehensive Textbook of
Psychotherapy: Theory and Practice (Oxford Series in Clinical
Psychology) From Oxford University Press #D2SKVPFYE7R**

Read Comprehensive Textbook of Psychotherapy: Theory and Practice (Oxford Series in Clinical Psychology) From Oxford University Press for online ebook

Comprehensive Textbook of Psychotherapy: Theory and Practice (Oxford Series in Clinical Psychology) From Oxford University Press Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Comprehensive Textbook of Psychotherapy: Theory and Practice (Oxford Series in Clinical Psychology) From Oxford University Press books to read online.

Online Comprehensive Textbook of Psychotherapy: Theory and Practice (Oxford Series in Clinical Psychology) From Oxford University Press ebook PDF download

Comprehensive Textbook of Psychotherapy: Theory and Practice (Oxford Series in Clinical Psychology) From Oxford University Press Doc

Comprehensive Textbook of Psychotherapy: Theory and Practice (Oxford Series in Clinical Psychology) From Oxford University Press Mobipocket

Comprehensive Textbook of Psychotherapy: Theory and Practice (Oxford Series in Clinical Psychology) From Oxford University Press EPub