



# Issues in Aging

By Mark Novak

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Opportunities and optimism in Aging. *Issues in Aging, 3rd edition* takes an optimistic view of aging and human potential in later life. This book presents the most up-to-date facts on aging today, the issues raised by these facts, and the societal and individual responses that will create a successful old age for us all. Mark Novak presents the full picture of aging--exhibiting both the problems and the opportunities that accompany older age. The text illustrates how generations are dependent on one another and how social conditions affect both the individual and social institutions.

### Learning Goals

- Upon completing this book, readers will be able to:
- Understand how large-scale social issues--social attitudes, the study of aging, and demographic issues--affect individuals and social institutions
- Identify the political responses to aging and how individuals can create a better old age for themselves and the people they know
- Separate the myths from the realities of aging
- Recognize the human side of aging
- Trace the transformation of pension plans, health, and opportunities for personal expression and social engagement to the new ecology of aging today

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Review

Thank you to the following reviewers:

Eldon Wegner University of Hawaii at Manoa

Maria Claver California State University, Long Beach

Wei Zhang University of Hawaii at Manoa

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“This textbook is excellent in providing a highly readable and highly up-to-date introduction to the field of social gerontology.”

*-Eldon Wegner, University of Hawaii at Manoa*

“I am very impressed with this text. It presents all of the necessary information in a fresh and modern way.”

*-Maria Claver, California State University, Long Beach*

About the Author

**Mark Novak** is Dean and Associate Vice President of the Department of International and Extended Studies at San Jose State University. He has taught a course in Aging and Society for over 20 years.

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