



Take the Stairs: 7 Steps to Achieving True Success

By Rory Vaden

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Take the Stairs: 7 Steps to Achieving True Success By Rory Vaden

The *New York Times* bestseller that will help you get off the “escalator” and tackle the work that leads to real success

How do successful people achieve results? In short, they do it the old-fashioned way, with focus and self-discipline. Popular speaker and strategist Rory Vaden presents a simple program for “taking the stairs”—that is, resisting the temptations of “quick fixes,” eliminating distractions, and transcending personal setbacks in order to reach your goals.

Whatever your vision of success is, this proven program will help you get there—one stair at a time.

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Editorial Review

Review

"I always say that personal finance is only 20% head knowledge and 80% behavior. Behavior change is hard, because it requires something a lot of people are missing these days: self-discipline. If you want to make a change in your money, business, or relationships, do not miss *Take the Stairs*. It gives you the tools you need to take control of the only person holding you back: yourself."

—Dave Ramsey, host of The Dave Ramsey Show and bestselling author of *The Total Money Makeover*

"This book won't let you off easy—and that's why it's great. Rory Vaden gives readers what they need to get focused and tackle problems head on—and win."

—Keith Ferrazzi, bestselling author of *Never Eat Alone*

"This book shows how to develop the courage, character, and determination to succeed in anything you attempt. It can change your life!"

—Brian Tracy, New York Times bestselling author of *Eat That Frog*

"*Take the Stairs* is a compelling and challenging call for all of us to accomplish greatness. It not only shows you how to make self-discipline more sustainable, it will reignite your passion to achieve."

—Andy Andrews, New York Times bestselling author of *The Traveler's Gift*

"A gem of a book that will inspire you to do the little extra things that make a huge difference. Buy it!"

—Chester Elton, bestselling co-author of *The Orange Revolution*

"If there is one book to read this year, this might be it. It's at the core of everything. Brilliant. Significant. Necessary."

—Roxanne Emmerich, bestselling author of *Thank God It's Monday!*

"Motivating yourself is a key to success in all of life. Read this book and your fighting spirit will come alive!"

—Mac Anderson, Founder of Simple Truths and former owner of Successories

"Don't be fooled. There is no escalator to the top. This book will tell you the truth about what it really takes to become a massive success in every area of your life—if you choose to *Take the Stairs*."

—Darren Hardy, publisher of *Success* magazine and bestselling author of *The Compound Effect*

"The easy way is never the excellent way. For get rich quick or wish upon a star, go elsewhere. For an agenda for excellence, read this book. Rory gets it."

—Mark Sanborn, bestselling author of *The Fred Factor* and *You Don't Need a Title to Be a Leader*

"This isn't a book of cheerleading and motivational platitudes. This is the book that can change your life. I highly recommend it to anyone who is looking to take quality of work and life to a higher level."

—Joe Calloway, bestselling author of *Becoming a Category of One*

"Do you have a career worth loving? Rory Vaden will give you the ideas, insight, and inspiration to create a career worthy of your greatest potential."

—Sally Hogshead, author of *Fascinate* and founder of HowToFascinate.com

"Rory's *Take the Stairs* book is an encouraging message of hope and truth that can really help you improve your life. Read it as soon as possible!"

—Tom Ziglar, CEO of Ziglar Inc. and proud son of Zig Ziglar

"Pure and simple, this should be the only book on the shelf in this category-because it's the only proven way to achieve authentic, sustainable success. Buy this book and heed this message!"

—David Avrin, author of *It's Not Who You Know - It's Who Knows YOU!*

"*Take the Stairs* identifies the specific strategies that will help you get past procrastination and fear to accomplish anything you desire."

"You can't spend 30 seconds around Rory without getting inspired to change your life. You're about to spend a few hours with him. Get ready."

—Jon Acuff, bestselling author of *Quitter: Closing the Gap Between Your Day*

About the Author

Rory Vaden is a Self-Discipline Strategist who relates profound truths coupled with humorous anecdotes that empowers professionals to conquer their fears and take immediate action in all aspects of their lives.

As an author, and business motivational speaker Rory's unique insights have been shared on Oprah radio, in *Businessweek*, *Publishers Weekly*, and in *SUCCESS Magazine*.

Users Review

From reader reviews:

Will Guertin:

What do you in relation to book? It is not important along? Or just adding material when you want something to explain what your own problem? How about your extra time? Or are you busy individual? If you don't have spare time to perform others business, it is make one feel bored faster. And you have time? What did you do? All people has many questions above. They should answer that question due to the fact just their can do this. It said that about book. Book is familiar on every person. Yes, it is appropriate. Because start from on kindergarten until university need this particular *Take the Stairs: 7 Steps to Achieving True Success* to read.

David Gehrke:

Playing with family in a very park, coming to see the water world or hanging out with pals is thing that usually you could have done when you have spare time, after that why you don't try issue that really opposite from that. One activity that make you not sensation tired but still relaxing, trilling like on roller coaster you are ride on and with addition info. Even you love *Take the Stairs: 7 Steps to Achieving True Success*, you could enjoy both. It is very good combination right, you still would like to miss it? What kind of hangout

type is it? Oh seriously its mind hangout guys. What? Still don't get it, oh come on its referred to as reading friends.

Bernard Davisson:

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