



# The Successful Internship: Transformation and Empowerment

*By H. Frederick Sweitzer, Mary A. King*

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In this concise new book, the authors describe the internship process, using the stages of anticipation, disillusionment, confrontation, competence, and culmination. Students learn to understand that an internship is an individual experience, the result of a complex interaction between the individuals and groups that make up the placement site and each individual intern. As the book progresses, the authors consider the issues and tasks that students must deal with at each stage of the internship, emphasizing the theme of self-understanding throughout. Students are encouraged to connect what they have learned about themselves with the shape and pace of their own internship experience.

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## **Editorial Review**

### **Review**

"... the text human service educators have been waiting for. In an engaging presentation of information, it addresses the many practical concerns students have throughout their field experiences. The student quotes, the exercises, and the suggestions for further exploration all enhance the transition from the classroom to the human service placement."

"While this book is written for human services interns, with some adaptation it will be extremely useful to interns in any field. It is well-structured to aid those faculty new to the field, while encouraging experienced internship advisors to re-examine the rigor of their supervision... If students use the text and its accompanying exercises responsibly, they will have the tools to make their internships powerful learning and that is the heart of experiential education.

### **About the Author**

H. Frederick Sweitzer is Associate Provost and Professor of Educational Leadership at the University of Hartford in Connecticut. Fred has over 30 years' experience in human services as a social worker, administrator, teacher, and consultant. He has placed and supervised undergraduate interns for 20 years and developed the internship seminar at the University of Hartford. Fred brings to his work a strong background in self-understanding, human development, experiential education, service learning, civic engagement, professional education, and group dynamics. He is on the editorial boards for the journals Human Service Education and Human Services Today, and has published widely in the field.

Mary A. King, Ed.D. is Professor Emerita at Fitchburg State University where she was faculty and coordinator of field placements in Behavioral Sciences, supervised graduate and undergraduate interns in professional studies and liberal arts programs, and instructed service-learning. She has over 30 years experience working with interns in the field and on campus and brings to her academic work backgrounds in teaching, criminal justice, consultation and counseling psychology, holding several professional licenses. Mary has published in the fields of experiential and human service education and has served on national and regional boards, most recently that of the National Society for Experiential Education, where she currently oversees the NSEE Experiential Education Academy.

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#### **Marie Gambino:**

This The Successful Internship: Transformation and Empowerment book is not ordinary book, you have it then the world is in your hands. The benefit you receive by reading this book is information inside this reserve incredible fresh, you will get facts which is getting deeper you actually read a lot of information you will get. That The Successful Internship: Transformation and Empowerment without we know teach the one who examining it become critical in pondering and analyzing. Don't be worry The Successful Internship: Transformation and Empowerment can bring if you are and not make your case space or bookshelves' become full because you can have it in the lovely laptop even phone. This The Successful Internship: Transformation and Empowerment having great arrangement in word and also layout, so you will not feel

uninterested in reading.

**James Ray:**

The Successful Internship: Transformation and Empowerment can be one of your basic books that are good idea. Most of us recommend that straight away because this guide has good vocabulary that will increase your knowledge in words, easy to understand, bit entertaining but still delivering the information. The writer giving his/her effort that will put every word into joy arrangement in writing The Successful Internship: Transformation and Empowerment yet doesn't forget the main point, giving the reader the hottest along with based confirm resource info that maybe you can be certainly one of it. This great information can certainly drawn you into brand-new stage of crucial considering.

**Mary Burnette:**

In this era globalization it is important to someone to acquire information. The information will make a professional understand the condition of the world. The health of the world makes the information quicker to share. You can find a lot of recommendations to get information example: internet, newspaper, book, and soon. You can see that now, a lot of publisher this print many kinds of book. The particular book that recommended for your requirements is The Successful Internship: Transformation and Empowerment this publication consist a lot of the information on the condition of this world now. This particular book was represented so why is the world has grown up. The dialect styles that writer require to explain it is easy to understand. Often the writer made some investigation when he makes this book. Here is why this book suitable all of you.

**Roger Patrick:**

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