



The Use of the Creative Therapies With Chemical Dependency Issues

By Stephanie L. Brooke

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The Use of the Creative Therapies with Chemical Dependency Issues is a comprehensive work that examines the use of therapies with respect to treatment issues relating to substance abuse. The goal of the book is to examine treatment approaches which cover the broad spectrum of the creative arts therapies. This edited volume contains chapters written by renowned, well-credentialed, and professional creative art therapists in the areas of art, play, music, dance/movement, drama, and poetry. Topics covered include: substance abuse issues around the world; combating shame and pathogenic belief systems; open studio art therapy in a harm reduction center; the expressive therapies continuum as a framework for art therapy interventions in substance abuse treatment; multifamily group art therapy for adolescent substance abuse; qualitative study of the benefits of addressing ambivalence through comic/cartoon drawings with clients; play therapy with children exposed to addiction; chemical dependence, play therapy, and filial therapy; songs, music and sobriety; dance/movement therapy as an effective clinical intervention; using expressive arts therapy with young male offenders; a case study of dance/movement therapy with the dually diagnosed in a methadone treatment program; recovering identity and stimulating growth; individual drama therapy and the alcoholic; existential drama therapy and addictive behavior; and poetry therapy in the treatment of addictions. The strategies and discussions contained in this book will be of special interest to educators, students, and therapists as well as people struggling with substance abuse.

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