



A Guide to Confident Living

By Dr. Norman Vincent Peale

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"Change your thoughts and you change your life." -- Norman Vincent Peale

A Guide to Confident Living shows you how to release your inner powers to achieve confidence and contentment. Using accessible language, Dr. Peale helps you find the way to new energy that will actually revitalize your life. Here, he offers advice on how to:

- **free your inner powers**
- **"talk out" your troubles**
- **lose your inferiority complex**
- **achieve a calm center for your life**
- **practice the power of prayer**
- **find freedom from fear and sorrow**
- **attain marital, professional, and personal happiness**

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A Guide to Confident Living By Dr. Norman Vincent Peale Bibliography

- Sales Rank: #267876 in eBooks
- Published on: 2007-11-01
- Released on: 2008-05-14
- Format: Kindle eBook

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Editorial Review

From the Inside Flap

This amazing book will show you the secrets of how to free your inner powers, how to "talk out" your troubles, how to achieve freedom from fear, how to attain married happiness, and how to meet sorrow. Another triumphant breakthrough by the author of "The Power of Positive Thinking."

About the Author

Norman Vincent Peale, one of the most influential clergymen of his time, is the author of forty-six books, including the international bestseller *The Power of Positive Thinking*. Dr. Peale's legacy continues today through the Peale Center for Christian Living, the Outreach Division of Guideposts, www.dailystudy.com/positivethinking.

Users Review

From reader reviews:

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Tonya Deschamps:

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Tammy Robinson:

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