



# A Wish Can Change Your Life: How to Use the Ancient Wisdom of Kabbalah to Make Your Dreams Come True

By Gahl Sasson, Steve Weinstein

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## **Make a Wish, Any Wish!**

Engaging, innovative, and fresh, Gahl Sasson's approach to Kabbalah -- the ancient teachings of Jewish mysticism -- integrates mythology, scholarship, and practical exercises for seekers of both material and spiritual gratification. Based on his popular Tree of Life workshops, which incorporate meditation, dreams, and real-life synchronicities with myths, rituals, and philosophies from around the world, *A Wish Can Change Your Life* provides a universal path to finding and embracing all of life's riches. It teaches readers of every faith and religious background how to use the energies of the Tree of Life -- the blueprint for the creation of the universe -- to fulfill any wish, whether it is for material gain (a new car, a higher salary), personal improvement and pleasure (weight loss, a better job, more intimacy with a partner), or a life-changing message from God.

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### Editorial Review

From Publishers Weekly

Part Jewish mysticism, part pagan Earth reverence and part multicultural exploration, this book opens the secret doors of the arcane Jewish tradition of the Kabbalah, whose symbol is a tree. The authors use the Kabbalah's 10-limbed legacy to explore metaphorical and literal trees to prescribe a means of wish fulfillment. Through accessible explication, exercises, meditations and Web site information, Sasson and Weinstein guide readers through the process of refining and realizing their wishes. Devoting a chapter each to the Kabbalist branches of crown, wisdom, understanding, mercy, severity, beauty, eternity, splendor, foundation and kingdom, the book is a friendly approach to a complex topic, offering a plan of study on one "branch" per week. Drawing on many cross-cultural evidences of the power and venerated history of trees over millennia, the authors satisfy the naturally curious who want to understand the value of trees in daily life. The volume is somewhat flawed in making sweeping connections that may not easily sit with more serious comparative religionists, such as equating Hindu prana with Christianity's Holy Spirit. While not devoid of wisdom, many of the notions are somewhat tired New Age concerns searching for substance. Readers who want to survey the myriad of Earth's spiritual medicines may appreciate the breadth of this text, and eco-spirituality fans will enjoy it all the more for its advocacy for one of the planet's most precious resources: trees.

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### Review

His Holiness the fourteenth Dalai Lama I believe that readers who are interested in the virtues of love, kindness, tolerance, and inner peace may find much in this book to encourage them.

Arielle Ford author of *Hot Chocolate for the Mystical Soul* Gahl Sasson is a modern-day mystic and a very wise man. His storytelling weaves Kabbalistic principles and ancient myths into a blueprint for making your dreams come true.

### About the Author

**Gahl Sasson** served on the faculty of Deepak Chopra's multimedia project MyPotential, teaching both astrology and Kabbalah. He is also a contributor to *Olam*, the largest Kabbalah magazine in the world. Gahl teaches workshops and lectures on the Tree of Life across the United States.

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**Clarence Frey:**

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**Rene Hudson:**

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**Robin Adams:**

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