



Creative Dreaming

By Patricia Garfield Ph.D.

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Creative Dreaming By Patricia Garfield Ph.D.

While you sleep tonight, would you like to:

- * Experience sexual union and even orgasm with the partner of your choice?
- * Have revealing conversations with the most important people in your present and past?
- * Engage in direct struggle with the images of your greatest fears and emerge triumphant?
- * Tackle your most perplexing daytime dilemmas and wake with those problems solved?
- * Tap the vast storehouse of creativity within you?
- * Remember things you believe are long forgotten?
- * Engage in exciting mind trips and adventures?

All this is but part of what you can attain through creative dreaming!

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Editorial Review

From the Inside Flap

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Users Review

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Jeffery Hall:

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Eli Benton:

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