



# Jung's Function-Attitudes Explained

*By Henry L. Thompson*

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## **Jung's Function-Attitudes Explained** By Henry L. Thompson

Focuses on and explains Carl Jung's theory of psychological types. The book is intended for the use of trainers and practitioners who already have a basic understanding of Jung's and Meyer's concepts of psychological Type. The growing use of the MBTI-Consulting Psychologists Press, Inc., reports one million or more administrations a year-dictates a need for a definitive resource on the function-attitudes for the practitioner.

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## **Jung's Function-Attitudes Explained** By Henry L. Thompson Bibliography

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## **Editorial Review**

### **Review**

I have been "in the grip" this morning-in the grip of [Dr. Thompson's] new book, Jung's Function-Attitudes Explained. I'm only up to chapter three, but already my understanding of Myers-Briggs has deepened, and I've been taken into new areas. It is expertly written, easy to read, but it is packed with really meaningful information and lots of the proverbial "aha" experiences! I have a suspicion that it is going to rank along with *Navigating Midlife* and *Beside Ourselves* as one of my favorite and "most-quoted" books. -- *Steve Myers, Team Technology, March 3, 1997*

I recently finished [Dr.] Thompson's book, *Jung's Function-Attitudes Explained*; an excellent book, thorough and lucidly written; recommended highly. -- *Frost, April 27, 1997*

In *Jung's Function-Attitudes Explained*, Dr. Thompson pulls together a lot of important information about the function -attitudes from the writings of Jung himself, Jung's professional colleagues and other well-known commentators and students of his theory, including Isabel B. Myers. He also provides graphic illustrations and an image label for each function-attitude to help define more clearly their distinctive characteristics. -- *Georgia APT Newsletter, Jan. 1997*

*Jung's Function-Attitudes Explained* is the most complete source published to date on the function-attitudes. As one reviewer has said: "This book is destined to become a classic . . . a valuable reference for anyone with more than a passing interest in psychological type." -- *GAPT Newsletter, December 1996*

### **From the Author**

While explaining Jung's complex theory of psychological types would be difficult at best, I believe there is a need for a deeper understanding of the eight function-attitudes and how they impact behavior. Most type practitioners can easily characterize the four functions-Sensing, iNtuiting, Thinking and Feeling-under the influence of the extraverted attitude. But describing their introverted counterparts is much more difficult. We must begin to think of type as a system, not a linear model.

All eight function-attitudes are influencing behavior and play a major role in cognitive processes.

### **About the Author**

Henry L. Thompson, Ph.D., is the president and CEO of High Performing Systems, Inc., an international management consulting and training firm he founded in 1984. His work with individuals, leaders, teams and organizations is based on using a systems approach to performance improvement.

Psychological Type theory is an integral part of Dr. Thompson's work and ongoing research. He is an active member of the Analytical Psychology Club of Athens, the Association for Psychological Type (APT) and the Georgia APT Chapter.

He developed the Communication Wheel in the early eighties as a tool for improving communication among team members. Since then, this system has been used to teach communication skills to business, military and government leaders, educators, professionals and teams around the world.

Dr. Thompson is a frequent speaker for business and professional groups around the world on topics related to leadership, team dynamics, systems and high performance. He has also published numerous articles and

training manuals on these topics.

## **Users Review**

### **From reader reviews:**

#### **Craig Harrison:**

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#### **Myrtle Galloway:**

Information is provisions for individuals to get better life, information today can get by anyone in everywhere. The information can be a expertise or any news even a concern. What people must be consider whenever those information which is within the former life are difficult to be find than now could be taking seriously which one is acceptable to believe or which one the actual resource are convinced. If you have the unstable resource then you get it as your main information you will have huge disadvantage for you. All of those possibilities will not happen in you if you take Jung's Function-Attitudes Explained as the daily resource information.

#### **Rhonda Silva:**

Playing with family in a very park, coming to see the sea world or hanging out with friends is thing that usually you might have done when you have spare time, then why you don't try factor that really opposite from that. One particular activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you have been ride on and with addition of knowledge. Even you love Jung's Function-Attitudes Explained, you are able to enjoy both. It is very good combination right, you still wish to miss it? What kind of hang-out type is it? Oh come on its mind hangout fellas. What? Still don't obtain it, oh come on its called reading friends.

#### **Kent Ibarra:**

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