



## Love: A Guide for Prayer (Take and Receive)

By Jacqueline Bergan, Marie Schwan

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**Love: A Guide for Prayer (Take and Receive)** By Jacqueline Bergan, Marie Schwan

**Grow closer to God through six weeks of prayer focused on a specific spiritual topic.**

Since their original release in the late 1980s, the *Take and Receive* prayer-book series has sold more than 150,000 copies, and its five themed books are hailed as classics in the Ignatian prayer tradition. The first two books in the series are being repackaged and reprinted by Loyola Press.

*Love: A Guide for Prayer* and *Forgiveness: A Guide for Prayer* provide topic-based opportunities for people to grow deeper in their relationship with God through prayer. The theme of each volume directly correlates with a segment of the Spiritual Exercises, though no previous experience with the Exercises is needed to benefit from these books.

Covering 36 days over a six-week period, each day offers scriptural passages with commentary, followed by a suggested approach to prayer for that day. Especially helpful is a section at the beginning of the book that explains the different types of solitary prayer that readers will be asked to engage in throughout the six weeks, such as meditation, contemplation, and centering prayer.

Ideal for all who desire a closer relationship with God, these books help us reimagine what it means to pray and help us see with new eyes God's presence and activity in our daily lives.

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### **Editorial Review**

#### **About the Author**

Jacqueline Syrup Bergan is connected with the Franciscan Renewal Center in Phoenix, Arizona, and teaches Ignatian spirituality for the Arizona Ecumenical Institute.

Sister Marie Schwan, CSJ, is in ministry for the Diocese of Rapid City, South Dakota. She offers spiritual direction, conducts retreats, and is on staff for the Jesuit-directed Commissioned Lay Ministry Program and the diaconate formation program.

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