



The New Dad's Survival Guide: What to Expect in the First Year and Beyond

By Rob Kemp

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The New Dad's Survival Guide: What to Expect in the First Year and Beyond By Rob Kemp

The new dad's complete guide to their baby's first 18 months, combining an approachable tone with expert advice

You read the pregnancy books, the nine months flew by without a hitch, the birth was wonderful, and your healthy baby arrived on schedule. Job well done, right? This essential guide for new dads describes what to expect in the first 18 months, arming you with the tools necessary to be a fantastic dad. Covering everything from how to bond with your baby and support their development to practical issues, such as how to manage your working arrangements and finances, this book gives new dads the confidence, skills, and knowledge to enjoy fatherhood—and do a great job of it. Entertaining, informative, and packed full of expert advice, this is the go-to guide for modern, hands-on dads.

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Editorial Review

About the Author

Rob Kemp is a freelance journalist, editor-at-large for dads' online magazine *FQ*, contributing editor to *Men's Health*, and author of *The Expectant Dad's Survival Guide*. He has written articles on pregnancy and fatherhood for *Baby and You*, the *Guardian*, *Independent*, *Mother & Baby*, *MSN*, *Pregnancy*, and *Pregnancy & Birth*.

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Barry Bennett:

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