



I'm Not Weird, I Have Sensory Processing Disorder (SPD): Alexandra's Journey (2nd Edition) (Growing with Love)

By Chynna T. Laird

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Through Understanding Comes Respect and Love

This book was inspired by the author's daughter, Jaimie, who struggles with Sensory Processing Disorder (SPD) every day. It was written to validate Jaimie's feelings and to show her other children feel things the way she does. This book can help children with SPD learn how to explain their disorder to others; help peers understand what children with SPD go through; and also help therapists, teachers and/or counselors learn how to talk about it. Helping others learn about children with special needs brings understanding to them and help to make them seem less... different.

New 2nd edition includes suggested activities teachers or caregivers can do with children to help develop a deeper understanding of how SPD "feels" plus new pages on vestibular and proprioception systems.

Praise for *I'm Not Weird, I Have SPD*:

"This book is a must-read for any parent who has a child suffering with Sensory Processing Disorder. It also helps your child put words to what they are feeling on a daily basis. Teachers and other professionals working with children who have SPD also come to a better understanding of how to help these children."
--Tanya Wilson

"A heart-touching book, written in a straightforward, kid-friendly manner that provides an excellent insight to the trials, frustrations, and new discoveries children with SPD and their families may encounter. This book has assisted in creating an appreciation and acceptance of the unique qualities within all of us, and that we are not 'weird'-we are 'wonderful'!"
--Lillian Baulkham, Grade 3 teacher, Sweet Grass School, Edmonton, Alberta

"When I read Chynna Laird's *I'm Not Weird, I Have SPD*, I almost cried. Not because the story of a child struggling with severe sensory disorder is so sad, but because the frustration shared by child and family alike before diagnosis is so heart-wrenching. Ms. Laird leaves the reader with a moment of with a moment of

joy and a real hope for a brighter tomorrow!"

--C. Hall

Learn more at www.LilyWolfWords.ca

From the Growing With Love Series from Loving Healing Press

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Juvenile Fiction : Social Issues - Special Needs

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