



School Counseling: Foundations and Contemporary Issues

By Daniel T. Sciarra

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This school counseling text, written from a practitioner's point of view, addresses the common problems and challenges facing school counselors. It provides students with an overview of the school counseling profession as well as practical information on working with troubled youth. The book consists of two parts: Part One addresses the foundational issues, such as current trends and controversies in the field of school counseling, individual and group counseling, consultation with teachers and parents, the use of data for assessment and program evaluation, and career development. Part Two provides content on certain populations of children, such as racial/ethnic minority youth, children with disabilities, children of loss, depressed and suicidal children, and, also covers such topics as sexual development and sexual orientation, substance abuse prevention, intervening with violence and violence prevention, and child maltreatment.

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Editorial Review

Review

"I appreciate (1) the consistent references to multiculturalism throughout the text and (2) the continual emphasis upon the comprehensive developmental program approach. The author ties these two concepts very well throughout."

"The tables, case examples, discussion questions and internet sites in each chapter are extremely helpful. Also, this text thoroughly discusses the most pertinent topics in school counseling."

About the Author

Dr. Sciarra is Associate Professor of Counselor Education and Chairperson of the Department of Counseling, Rehabilitation, Special Education, and Research at Hofstra University. Besides a doctorate in Counseling, Dr. Sciarra holds permanent certification as school counselor (K-12) from New York State. Before moving into academia, Dr. Sciarra worked as a school counselor in a multicultural environment in New York City. In addition, Dr. Sciarra also has years of experience as an agency counselor working primarily with Latino families and adolescents. He is fluently bilingual (Spanish). Research interests include school counseling, multicultural counseling, Latino families, and cultural identity development. Dr. Sciarra has published numerous articles in all of these areas.

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