



Short-Term Couples Therapy: The Imago Model in Action

By Wade Luquet

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For more than a decade, *Short-Term Couples Therapy: The Imago Model in Action* has been used regularly by therapists interested in this effective and now well-known model of working with couples. Building on the precepts of the Imago Relationship Therapy Model, as introduced in the pioneering work of Dr. Harville Hendrix, the book has made available to the professional therapist the technique and rationale of this evolutionary approach to working with couples in a brief therapy context.

Now thoroughly revised and updated, *Short-Term Couples Therapy* offers a user-friendly, six-session format, laid out clearly and cogently, whose potential for application is immediately apparent. The essence of the Imago Model is distilled into a practical, workable methodology. The text presents a unique reality-based approach to facilitate effective couple interaction, updates the processes and theory that have proven so effective in the short-term approach to couples therapy, and incorporates the major advances in the practice of Imago Relationship Therapy.

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Editorial Review

Review

"Imago Therapy is a brief and effective approach to treating couples. All therapists need to understand and be able to use this model. Dr. Luquet clearly describes the basic ingredients for successful relationships as well as the six basic sessions used in Imago Short-Term Therapy. This book should be required reading for students as well as practicing professionals." - **Jon Carlson, Distinguished Professor, Governors State University and author, *Time for a Better Marriage***

"Short-Term Couples Therapy is a user-friendly guide to the powerful force of Imago Therapy. It's succinct, practical, and ready to be used. Very readable; very hands-on." - **Pat Love, author of *The Truth About Love***

"Luquet offers a practical protocol for therapists required to pack effective therapy into six sessions. Luquet targets a therapist audience well and provides a finely-honed blueprint for therapy. Many therapists struggle with finding ways to do effective couples work in just a few sessions. For therapists in this position, Luquet provides a valuable resource in this Imago therapy protocol that leads couples to integrate present and past work in a format that is both educational and experiential." - **Susan N. Perkins, M.A., Virginia Tech, in *Journal of Couple & Relationship Therapy***

From the Back Cover

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About the Author

Wade Luquet, M.S.W., Ph.D., is associate professor of Sociology at Gwynedd-Mercy College in suburban Philadelphia, PA. He is also on the academic faculty of Imago Relationships International. He maintains a private practice in North Wales, PA, with his wife, Marianne.

Users Review

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Jamie Harper:

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