



Spirit Allies: Meet Your Team from the Other Side

By Christopher Penczak

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From ancient Egyptians to modern-day witches, King Solomon to Native American shamans, individuals throughout time have possessed the power to work with the spirit world. But it's not necessary to be a Tibetan holy man or ghost hunter to communicate with the other side. Everyone has friends beyond the veil, as author Christopher Penczak explains, "A spirit ally is a being in the unseen realms who, for whatever reason, decides to aid, befriend, protect, or teach us while we live our own Earthwalk." He dispels the shadowy ambiguity and fear surrounding the existence of these spiritual entities, shares compelling personal anecdotes, and offers straightforward techniques--such as relaxation, automatic writing, and oracle interpretation--to help readers contact their own guides. Through 30 simple exercises, *Spirit Allies* helps readers find their Power Animal, dream journey, speak with devas, communicate with ancestors and ascended masters, meet their personal spirit allies, and much more.

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Editorial Review

From Publishers Weekly

"Interfacing with the spirit world is fairly easy.... The lands beyond the veil are part and parcel of our nature," says Penczak (*City Magick*). Here he makes a convincing case for such a world, detailing a multitude of ways not only to contact, but also to communicate with the entities who inhabit it. He gently argues that the spiritual dimension (heaven and hell in the most simplified forms) perennially exists in every culture, and that we, too, are spiritual beings. ("If our spirits are here, there are many other spirits, in other realms, experiencing other things.") Penczak leaves no spirit untouched: angels, ascended masters, deities, ancestors, soul groups, power animals, elementals, devas, constructs and ghosts can be contacted by such means as ritual, channeling, shape-shifting, riding (as in Voodoo) and walking in, to name but a few. Penczak wisely does not throw the door open to any and all such spiritual entities. He repeatedly provides checkpoints and signposts to discern which spirits are interested in one's higher good, and he emphatically rejects abdicating one's spiritual authority in any case. It would be hard to imagine a more complete guide for getting to know such companions who want to help, befriend or teach us. Numerous exercises, primarily forms of meditation, visualization and ritual, make this a very practical manual. This work can benefit those of any faith who can comfortably trust that divine aid may come in many forms. (Mar.) Forecast: Although the New Age market has cooled somewhat since the mid-1990s, this book will be jump-started by its status as a selection of the One Spirit Book Club.

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About the Author

Christopher Penczak is an award-winning author, teacher, and healing practitioner. He has studied extensively with witches, mystics, shamans, and healers in a variety of traditions from around the world to synthesize his own practice of magick and healing.

Formerly based in the music industry, Christopher was empowered by his spiritual experiences to live a magickal life, and began a full-time practice of teaching, writing, and seeing clients. He is the author of the award-winning Temple of Witchcraft series: *The Inner Temple of Witchcraft*, *The Outer Temple of Witchcraft*, *The Temple of Shamanic Witchcraft*, and *The Living Temple of Witchcraft Volumes 1 and 2*.

His other books include *City Magick* (Red Wheel/Weiser), *Spirit Allies* (Red Wheel/Weiser), *Gay Witchcraft* (Red Wheel/Weiser), *Magick of Reiki*, *Sons of the Goddess*, *Ascension Magick*, *Instant Magick*, *The Mystic Foundation*, *The Witch's Shield*, *The Witch's Coin*, and the forthcoming *The Witch's Heart*. Christopher Penczak resides in New Hampshire. Visit him online at <http://www.christopherpenczak.com>.

Users Review

From reader reviews:

William Petterson:

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