



The Essential Difference: Men, Women and the Extreme Male Brain (Allen Lane Science S.)

By Simon Baron-Cohen

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"The Essential Difference" shows that, on average, male and female minds are of a slightly different character. Men tend to be better at analysing systems (better systemisers), while women tend to be better at reading the emotions of other people (better empathisers).

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Editorial Review

About the Author

Simon Baron-Cohen is Professor at Cambridge University in the fields of psychology and psychiatry, and the co-director of the Autism Research Centre there. He has carried out research into both autism and sex differences, over a twenty-year career. He is the author of MINDBLINDNESS.

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