



The First Twelve Months of Life: Your Baby's Growth Month by Month

By Frank Caplan, Theresa Caplan

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The bestselling classic more than two million parents have depended on... *The First Twelve Months Of Life*.

For over twenty years, this invaluable book has been helping parents understand their new babies: from what an infant knows and feels at each stage of development to what he or she needs from a parent to grow and thrive. Now completely updated to include the latest information on everything from breastfeeding versus bottle-feeding to coping with colic and choosing a reliable sitter, *The First Twelve Months Of Life* is the definitive child-care resource. Featuring:

- monthly growth charts that reveal how your baby's motor, language, mental, and social skills develop
- reassuring answers to the questions most parents ask
- brief overviews of what to expect from your baby each month
- proven techniques for soothing crying babies, solving sleep problems, and dealing with diaper rash, fear of strangers, and teething
- essential information on when to call a doctor and the best schedule for immunizations
- plus more than 150 fascinating photos

Whether you're a first-time parent or an old hand, you'll find that *The First Twelve Months Of Life* offers a rewarding glimpse into your baby's world that will only deepen your appreciation of the wondrous strides he or she is about to make.

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Editorial Review

From Library Journal

This updated edition of a popular guide to child development is not revised as much as supplemented. Much of the original text remains intact, with new information since the book was first published in 1973 added to the work in boxes, new sections, and an updated bibliography. Covering an infant's mental, physical, language, and social development from the first week of life to the 12th month, this guide describes a sequence of events, not a timetable. It also includes growth charts summarizing developmental milestones. Embracing fathers as well as mothers and supporting diverse family types, this handbook has potentially high appeal for contemporary parents. For all parenting collections-- Kathryn Hammell Carpenter, Univ. of Illinois, Chicago

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Review

For over twenty years this has helped parents understand their new babies: enjoy an updated classic which has been newly revised with the latest research for new parents, documenting a baby's first 12 months of changes and including monthly growth charts, answers to common concerns, and overviews of what to anticipate in a baby's life. -- *Midwest Book Review*

From the Inside Flap

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Users Review

From reader reviews:

Hector Hartung:

Playing with family in the park, coming to see the water world or hanging out with pals is thing that usually you have done when you have spare time, and then why you don't try factor that really opposite from that.

One activity that make you not sensation tired but still relaxing, trilling like on roller coaster you have been ride on and with addition of knowledge. Even you love The First Twelve Months of Life: Your Baby's Growth Month by Month, you could enjoy both. It is fine combination right, you still desire to miss it? What kind of hangout type is it? Oh can happen its mind hangout guys. What? Still don't buy it, oh come on its named reading friends.

Jennifer Nava:

Is it you actually who having spare time in that case spend it whole day through watching television programs or just lying on the bed? Do you need something totally new? This The First Twelve Months of Life: Your Baby's Growth Month by Month can be the answer, oh how comes? The new book you know. You are and so out of date, spending your free time by reading in this brand-new era is common not a nerd activity. So what these guides have than the others?

Amber Tyson:

A lot of reserve has printed but it differs. You can get it by net on social media. You can choose the most effective book for you, science, comic, novel, or whatever through searching from it. It is called of book The First Twelve Months of Life: Your Baby's Growth Month by Month. You can include your knowledge by it. Without making the printed book, it can add your knowledge and make a person happier to read. It is most essential that, you must aware about book. It can bring you from one place to other place.

Dona Cole:

What is your hobby? Have you heard which question when you got college students? We believe that that issue was given by teacher with their students. Many kinds of hobby, Everyone has different hobby. So you know that little person including reading or as studying become their hobby. You need to know that reading is very important along with book as to be the point. Book is important thing to add you knowledge, except your current teacher or lecturer. You see good news or update with regards to something by book. Numerous books that can you choose to use be your object. One of them are these claims The First Twelve Months of Life: Your Baby's Growth Month by Month.

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