



Functional Kinetics: Observing, Analyzing, and Teaching Human Movement

By Susanne Klein-Vogelbach

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The well-known physiotherapist presents her theory concerning the systematic observation and analysis of human movement. The purpose of functional kinetics is to improve observation, analysis and instruction of human movement. The physiotherapist must be able to analyse movement in order to find and define the functional problem. She or he must be able to effect the required change in movement, whether through manipulation, instructing the patient how to move or both.

The ideas outlined in this book are basic to physical therapy and rehabilitation and should be familiar to every active therapist.

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