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By Greg Lemond

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Greg lemond's complete book of bicycling (A Perigee book) By Greg Lemond Bibliography

- Rank: #705136 in Books
- Published on: 1990-01-30
- Released on: 1990-01-01
- Ingredients: Example Ingredients
- Original language: English
- Number of items: 1
- Dimensions: 8.92" h x .95" w x 6.00" l,
- Binding: Mass Market Paperback
- 352 pages



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Editorial Review

From Library Journal

1986 Tour de France winner LeMond, the only American to win this grueling three-week stage race and one of the few Americans to compete on a par with European riders, has produced one of the best bicycling books of the decade. There are many "Complete Books" or "Guides" available (e.g., John Howard's *The Cyclist's Companion*, LJ 6/15/84; Michael Shermer's *Sport Cycling*, LJ 7/85), but this one is by far the most comprehensive. It is excellent for those who want to purchase a bike (with an exhaustive chapter on fitting the bike), race, ride for fun, and perform minor maintenance. It also has interesting stories by and about LeMond and is well illustrated. If you buy one bicycling book this year, this should be it. Highly recommended. Thomas K. Fry, UCLA Libs.

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Users Review

From reader reviews:

Freddie Hoops:

Spent a free time to be fun activity to accomplish! A lot of people spent their sparetime with their family, or their very own friends. Usually they undertaking activity like watching television, gonna beach, or picnic inside the park. They actually doing same task every week. Do you feel it? Would you like to something different to fill your own personal free time/ holiday? Could be reading a book is usually option to fill your no cost time/ holiday. The first thing that you'll ask may be what kinds of book that you should read. If you want to attempt look for book, may be the guide untitled Greg lemond's complete book of bicycling (A Perigee book) can be very good book to read. May be it might be best activity to you.

Bethany Eng:

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