



# Heart for the Fight: A Marine Hero's Journey from the Battlefields of Iraq to Mixed Martial Arts Champion

By John R. Bruning, Brian Stann

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This is the story of a kid from the wrong side of Scranton who made it to the Naval Academy, played linebacker for the Navy football team for four years, became a Marine officer, graduated first in his infantry officer class, led his men in two intense combat tours in the Anbar Province, received the Silver Star for gallantry, and now has emerged as one of the most interesting figures on the mixed martial arts (MMA) professional circuit.

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### Editorial Review

#### Review

“Respect is a quality that is earned over time. Respect is given those who put others in front of themselves, to people who do tasks that others would shy away from, and to those who work tirelessly in order to provide for themselves and their family. After reading his book, *Heart for the Fight*, the only word that will come to your mind about Brian Stann is respect. This is an autobiography about a man who has been through and seen so much more than the average American citizen... When you finish reading this book, it becomes evident that ‘All-American’ is not just his MMA nickname, it’s exactly what he is.” - *Bleacher Report, September 7, 2010*

#### **Fight Magazine**

Brian Stann knows a thing or two about fighting—he’s been doing it the last 29 years. From fighting off gangs as a kid to serving as a Marine Officer in the Middle East to stepping into the Octagon, Stann has chewed some steel. His new book, *Heart for the Fight*, documents his trials and tribulations.

**Reason to Read:** Stann is a badass. There’s just no other way to describe him. If he never wins another fight in the Octagon, he’ll still be a badass. The man led his troops through two intense combat tours and received a Silver Star for gallantry. Now, he fights for the UFC and works as Executive Director of HireHeroes USA, a link to job opportunities for servicemen and women.

### Users Review

#### From reader reviews:

##### **Michael Hansen:**

Book is to be different for every single grade. Book for children until eventually adult are different content. As you may know that book is very important for us. The book Heart for the Fight: A Marine Hero's Journey from the Battlefields of Iraq to Mixed Martial Arts Champion seemed to be making you to know about other information and of course you can take more information. It is very advantages for you. The reserve Heart for the Fight: A Marine Hero's Journey from the Battlefields of Iraq to Mixed Martial Arts Champion is not only giving you considerably more new information but also to become your friend when you feel bored. You can spend your spend time to read your reserve. Try to make relationship with the book Heart for the Fight: A Marine Hero's Journey from the Battlefields of Iraq to Mixed Martial Arts Champion. You never feel lose out for everything if you read some books.

##### **Michael Ramsey:**

People live in this new day of lifestyle always aim to and must have the free time or they will get great deal

of stress from both day to day life and work. So , when we ask do people have extra time, we will say absolutely of course. People is human not only a robot. Then we question again, what kind of activity are you experiencing when the spare time coming to an individual of course your answer will unlimited right. Then do you ever try this one, reading ebooks. It can be your alternative with spending your spare time, typically the book you have read is definitely Heart for the Fight: A Marine Hero's Journey from the Battlefields of Iraq to Mixed Martial Arts Champion.

**Mary Kasten:**

Playing with family within a park, coming to see the coastal world or hanging out with buddies is thing that usually you may have done when you have spare time, in that case why you don't try factor that really opposite from that. One particular activity that make you not experience tired but still relaxing, trilling like on roller coaster you already been ride on and with addition associated with. Even you love Heart for the Fight: A Marine Hero's Journey from the Battlefields of Iraq to Mixed Martial Arts Champion, you can enjoy both. It is great combination right, you still need to miss it? What kind of hang-out type is it? Oh occur its mind hangout fellas. What? Still don't get it, oh come on its identified as reading friends.

**Clifford McDaniel:**

The book untitled Heart for the Fight: A Marine Hero's Journey from the Battlefields of Iraq to Mixed Martial Arts Champion contain a lot of information on this. The writer explains the woman idea with easy technique. The language is very simple to implement all the people, so do not necessarily worry, you can easy to read the item. The book was authored by famous author. The author will take you in the new time of literary works. You can easily read this book because you can continue reading your smart phone, or program, so you can read the book with anywhere and anytime. In a situation you wish to purchase the e-book, you can start their official web-site along with order it. Have a nice read.

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