



How to Talk So Kids Will Listen & Listen So Kids Will Talk

By Adele Faber, Elaine Mazlish

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The ultimate “parenting bible” (*The Boston Globe*) with a new foreword—and available as an ebook for the first time—a timeless, beloved book on how to effectively communicate with your child from the #1 *New York Times* bestselling authors.

Internationally acclaimed experts on communication between parents and children, Adele Faber and Elaine Mazlish “are doing for parenting today what Dr. Spock did for our generation” (*Parent Magazine*). Now, this bestselling classic includes fresh insights and suggestions as well as the author’s time-tested methods to solve common problems and build foundations for lasting relationships, including innovative ways to:

- Cope with your child's negative feelings, such as frustration, anger, and disappointment
- Express your strong feelings without being hurtful
- Engage your child's willing cooperation
- Set firm limits and maintain goodwill
- Use alternatives to punishment that promote self-discipline
- Understand the difference between helpful and unhelpful praise
- Resolve family conflicts peacefully

Enthusiastically praised by parents and professionals around the world, the down-to-earth, respectful approach of Faber and Mazlish makes relationships with children of all ages less stressful and more rewarding.

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Editorial Review

Amazon.com Review

How to Talk So Kids Will Listen and Listen So Kids Will Talk is an excellent communication tool kit based on a series of workshops developed by Adele Faber and Elaine Mazlish. Faber and Mazlish (coauthors of *Siblings Without Rivalry*) provide a step-by-step approach to improving relationships in *your* house. The "Reminder" pages, helpful cartoon illustrations, and excellent exercises will improve your ability as a parent to talk and problem-solve with your children. The book can be used alone or in parenting groups, and the solid tools provided are appropriate for kids of all ages.

Review

"Will bring about more cooperation from children than all the yelling and pleading in the world." –*Christian Science Monitor*

"An excellent book that's applicable to any relationship." –*Washington Post*

"Practical, sensible, lucid...the approaches Faber and Mazlish lay out are so logical you wonder why you read them with such a burst of discovery." –*Family Journal*

"An exceptional work, not simply just another 'how to' book...All parents can use these methods to improve the everyday quality of their relationships with their children." –*Fort Worth Star Telegram*

From the Publisher

Get your kids' cooperation...without arguing. Morning hassles and bedtime battles disappear when you apply the communication techniques these experts have been teaching parents nationwide. Even if you've felt you had no other alternative than to lecture or criticize, you'll be able to reduce the wear and tear on yourself and your family with this practical program. Adele Faber and Elaine Mazlish -- once frustrated mothers themselves -- use real-life situations to show how you can respect and respond to your child's feelings and satisfy your own needs.

You'll learn to: Avoid turning simple conversations into arguments
Instruct rather than criticize when correcting your child
Choose effective alternatives to punishment
Show your child how to make amends
Allow him to experience the direct consequences of his actions

See immediate changes in your relationship with your children -- changes that will mean the difference between bad feelings and good ones; between fighting and loving.

Users Review

From reader reviews:

Cassie Merritt:

The book *How to Talk So Kids Will Listen & Listen So Kids Will Talk* make you feel enjoy for your spare

time. You should use to make your capable more increase. Book can being your best friend when you getting pressure or having big problem using your subject. If you can make looking at a book How to Talk So Kids Will Listen & Listen So Kids Will Talk for being your habit, you can get a lot more advantages, like add your current capable, increase your knowledge about many or all subjects. You may know everything if you like available and read a e-book How to Talk So Kids Will Listen & Listen So Kids Will Talk. Kinds of book are a lot of. It means that, science book or encyclopedia or some others. So , how do you think about this publication?

Francisco Gentry:

Your reading 6th sense will not betray an individual, why because this How to Talk So Kids Will Listen & Listen So Kids Will Talk reserve written by well-known writer whose to say well how to make book that could be understand by anyone who all read the book. Written in good manner for you, still dripping wet every ideas and composing skill only for eliminate your own hunger then you still question How to Talk So Kids Will Listen & Listen So Kids Will Talk as good book not merely by the cover but also from the content. This is one book that can break don't assess book by its handle, so do you still needing yet another sixth sense to pick this kind of!? Oh come on your reading sixth sense already alerted you so why you have to listening to a different sixth sense.

Jose Suh:

In this age globalization it is important to someone to acquire information. The information will make you to definitely understand the condition of the world. The health of the world makes the information quicker to share. You can find a lot of referrals to get information example: internet, paper, book, and soon. You can view that now, a lot of publisher in which print many kinds of book. Typically the book that recommended to you is How to Talk So Kids Will Listen & Listen So Kids Will Talk this e-book consist a lot of the information of the condition of this world now. This specific book was represented so why is the world has grown up. The language styles that writer value to explain it is easy to understand. Typically the writer made some research when he makes this book. This is why this book appropriate all of you.

Christopher Hill:

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