



The Flavor Thesaurus: A Compendium of Pairings, Recipes and Ideas for the Creative Cook

By Niki Segnit

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Review

"Erudite and inspiring, practical and fun, it will make you salivate, laugh, take issue and feel vindicated. Your synapses will fire in a whole new way as you trail your hand through your garden herbs ... A deceptively simple little masterpiece."—"Sunday Times" (UK)

"An exquisite guide to combining flavors."—"Observer" (UK)

"An original and inspiring resource."—Heston Blumenthal

"Intriguing, surprising and remarkably useful."—Hugh Fearnley-Whittingstall

"For new cooks and old hands in the kitchen, this book is a must-have and a must-read. Not only are the flavor combinations and recipes offered useful, but Niki Segnit's descriptions of each and every one are delightful to read. It's a combination between a bedtime read and a kitchen companion."—GOOP

"To savor "The Flavor Thesaurus" fully it helps to think of its author, Niki Segnit, as a culinary marriage broker. An imaginative but practical matchmaker, she has a gift for pairing sometimes lackluster ingredients in a way that brings out the best in them and makes them more appealing as a couple than they ever were as loners... She shares an eloquent vocabulary with us in this delicious book."—"Wall Street Journal"

"The cure for dinner ennui...a cheekily erudite, endlessly fascinating master list of flavor pairings both familiar and surprising...the entries get you dreaming of both exotic feasts and after-work comfort foods."—"Whole Living"

"Erudite and inspiring, practical and fun, it will make you salivate, laugh, take issue and feel vindicated. Your synapses will fire in a whole new way as you trail your hand through your garden herbs ... A deceptively simple little masterpiece."—"Sunday Times" (UK)

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About the Author

Niki Segnit's background is in marketing, specializing in food and drink, and she has worked with many famous brands of candy, snacks, baby foods, condiments, dairy products, hard liquors, and soft drinks. She lives in central London with her husband.

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