



# Adult Nutrition Support Core Curriculum, 2nd Edition

*From American Society for Parenteral Enteral Nutrition*

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**Adult Nutrition Support Core Curriculum, 2nd Edition** From American Society for Parenteral Enteral Nutrition

This book is an essential resource for all professionals involved in nutrition support for the adult patient. It provides in-depth knowledge of the core science (why) and core practical (how to) nutrition support principles for the adult patient, in alignment with the contemporary format of problem-based learning. To effectively engage the reader in this type of active learning, each chapter provides evidence-based, didactic background information that is supported by practical clinical scenarios. In addition, the Core Curriculum includes a number of organizational features that allow readers to rapidly retrieve information on their specific educational goals while maximizing their learning experience on core subject matter. Four information-packed sections: 1. Basics of nutrition and metabolism 2. Clinical foundations of nutrition support 3. Nutrition support of specific states 4. Management and professional issues Key features include: \* 40 chapters with numerous figures and tables and extended index \* Contributions from leading experts in nutrition, medicine, surgery, nursing and ethics practice \* New chapters on pre- and probiotics, dietary supplements and the older adult \* Core background information supported by practical clinical scenarios \* "Test Your Knowledge" questions and answers to help readers with their learning objectives The Core Curriculum combines, into one book, all the information necessary to practice nutrition support therapy. This is an essential book for those involved in nutrition support for the adult patient - from novice to experienced clinicians. The diverse backgrounds of the editors and authors, including research (scientist), clinical practice, education, and advocacy enhance the Core's usefulness in translating the science of nutrition support to its clinical application. "A must have resource for those individuals that have nutrition therapy as a component of their assigned responsibilities." Jay Mirta

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