



# Relationships For Dummies

By Kate M. Wachs

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“Follow the advice of the top romance specialist, and you can’t go wrong.”  
—*Woman’s World*

“She’s interviewed with Oprah and Phil Donahue, *Time*, the *New York Times*, *USA Today*, the *Washington Post*, *Redbook* and *Cosmopolitan*. Clearly Dr. Kate engages in no false advertising—she’s a nationally acclaimed relationship expert.”  
—*Chicago Tribune*

Let’s face it, making a relationship work takes patience, perseverance, energy, and an unflagging commitment to maintain a happy healthy relationship. And sometimes, it takes a little help from a wise and knowledgeable friend.

Written by celebrated psychologist-matchmaker, Dr. Kate Wachs, *Relationships For Dummies* is a source of inspiration and ideas on how to find and keep a healthy relationship. Whether you’ve just started dating or have been together with that special someone for years, Dr. Kate can help you:

- Tell the difference between a healthy and an unhealthy relationship
- Have a more loving, fun-filled relationship
- Enjoy a more vibrant and satisfying sex life
- Work through most relationship problems
- Find the positive and the fun in every relationship stage

Dr. Kate explodes common relationships and compatibility myths that cause people grief, and with the help of insightful quizzes, case studies, and real-life America Online letters Dr. Kate covers all the bases, including:

- Finding that special someone and knowing if it’s really Mr. or Ms. Right
- Pacing and nurturing intimacy in the early stages of a relationship
- When, where, how, and with whom to have sex when dating
- Knowing when and if it’s time to move in together
- When and if to get married
- Keeping psychological and emotional intimacy alive
- Keeping physical and sexual intimacy alive

From compatibility to communication, commitment to connecting in the

bedroom, *Relationships For Dummies* is your total guide to having the relationships you want and deserve.

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## **Editorial Review**

From the Back Cover

"Dr. Kate evokes solutions."

—USA Today

Find and keep a healthy relationship with tips from Dr. Kate

"Follow the advice of the top romance specialist, and you can't go wrong."

—Woman's World

Whether you've just started dating or have been together for years, Dr. Kate helps you enjoy a loving, fun-filled, exciting relationship. With real-life America Online letters and insightful quizzes, this essential guide shows you the best ways to nurture your love life – everything from compatibility to communication to commitment to connecting in the bedroom!

Praise for Dr. Kate Wachs

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"You gotta like Kate Wachs."

—The Denver Post

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About the Author

Dr. Kate Wachs is America's only Psychologist-Matchmaker. She runs The Relationship Center(TM) in Chicago, the only full-service introduction and counseling center of its kind. She has helped millions of people through matchmaking, counseling, and her media appearances.

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