



# The Complete Vegetarian Cookbook: A Fresh Guide to Eating Well With 700 Foolproof Recipes

From America's Test Kitchen (EDT)

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## **The Complete Vegetarian Cookbook: A Fresh Guide to Eating Well With 700 Foolproof Recipes** From America's Test Kitchen (EDT)

**Best-Selling vegetarian cookbook destined to become a classic.**

Everyone knows they should eat more vegetables and grains, but that prospect can be intimidating with recipes that are often too complicated for everyday meals or lacking in fresh appeal or flavor. For the first time ever, the test kitchen has devoted its considerable resources to creating a vegetarian cookbook for the way we want to eat today. The Complete Vegetarian Cookbook is a wide-ranging collection of boldly flavorful vegetarian recipes covering hearty vegetable mains, rice and grains, beans and soy as well as soups, appetizers, snacks, and salads.

More than 300 recipes are fast (start to finish in 45 minutes or less), 500 are gluten-free, and 250 are vegan and are all highlighted with icons on the pages. The book contains stunning color photography throughout that shows the appeal of these veggie-packed dishes. In addition, almost 500 color photos illustrate vegetable prep and tricky techniques as well as key steps within recipes.

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- Sales Rank: #937 in Books
- Brand: America's Test Kitchen (EDT)
- Published on: 2015-03-01
- Released on: 2015-03-01
- Original language: English
- Number of items: 1
- Dimensions: 10.00" h x 1.13" w x 8.56" l, .0 pounds
- Binding: Paperback
- 472 pages



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### **Editorial Review**

#### **About the Author**

This book has been tested, written, and edited by the test cooks, editors, food scientists, tasters, and cookware specialists at America's Test Kitchen, a 2,500-square-foot kitchen located just outside Boston. It is the home of Cook's Illustrated magazine and Cook's Country magazine, the public television cooking shows America's Test Kitchen and Cook's Country from America's Test Kitchen, America's Test Kitchen Radio, and the online America's Test Kitchen Cooking School.

### **Users Review**

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Exactly why? Because this The Complete Vegetarian Cookbook: A Fresh Guide to Eating Well With 700 Foolproof Recipes is an unordinary book that the inside of the book waiting for you to snap this but latter it will zap you with the secret that inside. Reading this book close to it was fantastic author who else write the book in such wonderful way makes the content interior easier to understand, entertaining means but still convey the meaning fully. So , it is good for you because of not hesitating having this any longer or you going to regret it. This amazing book will give you a lot of positive aspects than the other book have got such as help improving your ability and your critical thinking way. So , still want to postpone having that book? If I ended up you I will go to the reserve store hurriedly.

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